

## Lifecheck Executive Check-up

### **Deluxe Package - Female**

#### **Features**

Room & Board (2 nights stay in the Executive Suite)  
Admission Kit  
Medication History (Polypharmacy)

#### **Optional**

Wellness services are available in the afternoon or evening (Shiatzu Swedish Massage, Acupuncture, Aroma Therapy, Yoga/Tai Chi, Nutrition Therapy)

#### **Day 1(Check-in 5:00 PM)**

##### **Exams**

**Discounted Price**

Complete Physical Exam & History  
Chest X-Ray (Digital)  
Urinalysis  
Fecalalysis  
ECG  
Osteoporosis Densitometry  
Mammography  
Stress & Weight Management through Physical Therapy & Rehab

#### **Day 2**

##### **Laboratory Exams**

CBC, Typing, Platelet Count, Clotting & Bleeding Time  
Lipid Profile (Total Cholesterol, LDL, HDL, Triglycerides)  
Liver Profile (SGOT, SGPT, HBS Ag, Alkaline Phosphatase, B1B2, Total Bilirubin)  
Total Protein (Serum Albumin/Globulin ratio)  
Cardiac Enzymes (CPK-MB/Trop T/LDH)  
Serum Electrolytes  
Kidney Profile (BUN, Creatinine)  
Serum Amylase  
Uric Acid  
FBS  
Pap Smear  
Carcino Embryonic Antigen  
Abdominal Ultrasound  
IVP  
Proctosigmoidoscopy  
Barium Enema

#### **Day 3**

UGIS  
Pulmonary Function Test/Spirometry  
Stress Test (Treadmill or 2D Echo)  
To be done only after being seen by a cardiologist  
Visited by the various specialists (Neurologist, EENT, Pulmonologist, Cardiologist, Urologist)  
Visited by the dietician

**TOTAL PACKAGE PRICE P33,995.00**

**For Lifecheck Executive Checkup services, call our Corporate Services at Tel. +63-72-700-000 local 187, CP. +63-9175541537, Fax. +63-72-242-2476, Email: [corpservices@lorma.org](mailto:corpservices@lorma.org)**